

Dr Janet Tamaren - 300 word Bio

Janet Tamaren was born in Cleveland, Ohio. She grew up in the 50's and 60's. Her father was a factory worker, her mother a homemaker.

Tamaren studied hard and secured a scholarship to Brandeis University in Massachusetts. She eventually transferred to the University of Colorado in Denver. In her twenties, she had a busy decade. She traveled, got married, had a baby, got divorced, finished her undergraduate degree in Biology – and started a graduate program in genetics.

Tamaren moved to Lexington, Kentucky with her second husband and taught genetics to medical students at the University of Kentucky for several years. As the culmination of a long-held ambition, she then started medical school herself.

After completion of medical school and further training, she started working as a family doctor in rural Kentucky. She started her own practice, as a Rural Health Clinic. Seeing children, adults, and the elderly she enjoyed getting to know her patients. She also worked in the nearby emergency room and took care of patients in the hospital.

After working as a physician for 20 years, and after the birth of a first grandchild, she relocated to Denver in 2013. She said goodbye to her staff in the clinic and to the hospital staff and to her patients.

Her memoir, *YANKEE DOCTOR IN THE BIBLE BELT*, describes the years she spent as a doctor in small town Kentucky.

This book is a collection of patient vignettes: stories patients told her, challenges patients faced, and the challenges she faced as a physician in charge of people's lives -- in addition to the cultural shift between life in the northeast versus life in the South.